Prep Grades 9th-12th Field Trip Lunch Menus 2025-2026 Effective 8/14/2025

| Option #1 | CMS or Recipe Number | Serving Size |
|---|--|--------------------------------|
| Chinese Chicken Salad w/ Shredded Chicken Asian Sesame Dressing Hawaiian Roll | R5709 CMS #1073, R7199 | 1, per recipe |
| OR Chicken Parmesan Salad | CMS #6082, R2444 OR | 1 dressing packet 1 roll |
| Caesar Dressing Artisan Roll | R5710 CMS #1416, R7030 CMS #6068, R2183 | |
| Paradise Punch Vegetable Juice OR Orange Medley Juice | CMS #1681, R4657 OR CMS #1308, R4521 | 1 each |
| Petite Baby Carrots IW OR | CMS #3006, R4010 OR | 1 bag |
| Celery Sticks IW Condiments: Ranch Dressing Packet, Tajin | CMS #3826, R4658 CMS #1849, R7038 CMS #1321, R7126 | 1 packet |
| Fresh Fruit: Choose 1 Apple Slices | Red: CMS #3935, R3346 Green: CMS #3934, R3001 | 1 bag |
| OR Seasonal Fruit | OR Harvest Bar/Stand Fruit | 1 piece |
| Fruit Slush/Cup: Choose 1 Kiwi Strawberry Fruit Slush OR Cherry Lemon Cup OR Strawberry Creamsicle OR | CMS #2417, R3832 OR CMS #2981, R3852 OR CMS #2871, R3853 OR CMS #2182, R3848 | 1 each |
| Milk (1%, Fat Free, Fat Free/Lactose-Free, Fat Free Chocolate, Fat-Free Strawberry) | Driftwood: CMS #7100, R8000 CMS #7123, R8001 CMS #7152, R8003 CMS #7015, R8005 CMS #7075, R8016 Clearbrook: CMS #9050, R8027 CMS #9051, R8028 CMS #9028, R8029 CMS #9061, R8033 CMS #9062, R8035 | 1 cup |

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| Chocolate Chip Cookie | R2641/CMS #2766 | 1 cookie |
|--------------------------|-----------------|----------|
| Sporkette Kit with Straw | CMS #4126 | 1 each |
| Paper Bag | CMS #4204 | |
| OR | OR | 1 each |
| Grab N Go Bag | CMS #4133 | |

| Option #2 | CMS or Recipe Number | Serving Size |
|--|--|--------------|
| Cheese Sandwich | R1008 | 1 sandwich |
| Paradise Punch Vegetable Juice | 1681 | |
| OR | OR | 1 each |
| Orange Medley Juice | 1308 | |
| Petite Baby Carrots IW OR | CMS #3006, R4010 OR | 1 bag |
| Celery Sticks IW | CMS #3826, R4658 | |
| Condiments: Ranch Dressing Packet, Tajin | CMS #1849, R7038 CMS #1321, R7126 | 1 packet |
| Fresh Fruit: Choose 1 Apple Slices | Red: CMS #3935, R3346 Green: CMS #3934, R3001 | 1 bag |
| OR | OR | |
| Seasonal Fruit | Harvest Bar/Stand Fruit | 1 piece |
| Fruit Slush/Cup: Choose 1 Kiwi Strawberry Fruit Slush OR | CMS #2417, R3832 OR CMS #2981, R3852 | |
| Cherry Lemon Cup | OR | 1 each |
| OR | CMS #2871, R3853 | |
| Strawberry Creamsicle OR | OR | |
| Frozen Watermelon Juice Cup | CMS #2182, R3848 | |
| Milk | Driftwood: CMS #7100, R8000 CMS #7123, R8001 CMS #7152, R8003 CMS #7015, R8005 CMS #7075, R8016 | 1 |
| (1%, Fat Free, Fat Free/Lactose-Free, Fat Free Chocolate, Fat-Free Strawberry) | Clearbrook: CMS #9050, R8027 CMS #9051, R8028 CMS #9028, R8029 CMS #9061, R8033 CMS #9062, R8035 | 1 cup |
| Chocolate Chip Cookie | CMS #2766, R2641 | 1 piece |
| Sporkette Kit with Straw | CMS #4126 | 1 each |

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| Paper Bag | CMS #4204 | |
|---------------|-----------|--------|
| OR | OR | 1 each |
| Grab N Go Bag | CMS #4133 | |

| Option #3 | CMS or Recipe Number | Serving Size |
|---|---|--------------|
| Turkey Breast & Cheese Sandwich | R0911 | 1 sandwich |
| Condiments: Mustard, Mayonnaise | CMS #1373, R7026 CMS #1014, R7025 | 1 packet |
| Paradise Punch Vegetable Juice OR Orange Medley Juice | CMS #1681, R4657 OR CMS #1308, R4521 | 1 each |
| Petite Baby Carrots IW OR Celery Sticks IW | CMS #3006, R4010 OR CMS #3826, R4658 | 1 bag |
| Condiments: Ranch Dressing Packet, Tajin | CMS #1849, R7038 CMS #1321, R7126 | 1 packet |
| Fresh Fruit: Choose 1 Apple Slices OR Harvest Bar/Stand Fruit | Red: CMS #3935, R3346 Green: CMS #3934, R3001 OR Harvest Bar/Stand Fruit | 1 piece |
| Fruit Slush/Cup: Choose 1 Kiwi Strawberry Fruit Slush OR Cherry Lemon Cup OR Strawberry Creamsicle OR Frozen Watermelon Juice Cup | CMS #2417, R3832 OR CMS #2981, R3852 OR CMS #2871, R3853 OR CMS #2182, R3848 | 1 each |
| Milk (1%, Fat Free, Fat Free/Lactose-Free, Fat Free Chocolate, Fat-Free Strawberry) | Driftwood: CMS #7100, R8000 CMS #7123, R8001 CMS #7152, R8003 CMS #7015, R8005 CMS #7075, R8016 Clearbrook: CMS #9050, R8027 CMS #9051, R8028 | 1 cup |

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| | CMS #9028, R8029 | |
|--------------------------|------------------|---------|
| | CMS #9061, R8033 | |
| | CMS #9062, R8035 | |
| Chocolate Chip Cookie | CMS #2766, R2641 | 1 piece |
| Sporkette Kit with Straw | CMS #4126 | 1 each |
| Paper Bag | CMS #4204 | |
| OR | OR | 1 each |
| Grab N Go Bag | CMS #4133 | |

| Option #4 | CMS or Recipe Number | Serving Size |
|--|-------------------------|--------------|
| Yogurt 8 oz. | DW: CMS #7107, R1652 | 1, 8 oz. |
| | CB: CMS #9063, R1675 | 1, 8 02. |
| Granola | CMS #1501, R2439 | 1 bag |
| Paradise Punch Vegetable Juice | CMS #1681, R4657 | |
| OR | OR | 1 each |
| Orange Medley Juice | CMS #1308, R4521 | |
| Petite Baby Carrots IW | CMS #3006, R4010 | 1 bag |
| OR | OR | |
| Celery Sticks IW | CMS #3826, R4658 | |
| | CMS #1849, R7038 | 1 packet |
| Condiments: Ranch Dressing Packet, Tajin | CMS #1321, R7126 | |
| Fresh Fruit: Choose 1 | Red: CMS #3935, R3346 | |
| Apple Slices | Green: CMS #3934, R3001 | 4 |
| OR | OR | 1 piece |
| Harvest Bar/Stand Fruit | Harvest Bar/Stand Fruit | |
| Fruit Slush/Cup: Choose 1 | CMS #2417, R3832 | |
| Kiwi Strawberry Fruit Slush | OR | |
| OR | CMS #2981, R3852 | |
| Cherry Lemon Cup | OR | 1 each |
| OR | CMS #2871, R3853 | |
| Strawberry Creamsicle OR | OR | |
| Frozen Watermelon Juice Cup | CMS #2182, R3848 | |
| | Driftwood: | |
| | CMS #7100, R8000 | |
| | CMS #7123, R8001 | |
| Milk | CMS #7152, R8003 | |
| (1%, Fat Free, Fat Free/Lactose-Free, Fat Free Chocolate, Fat- | CMS #7015, R8005 | 1 cup |
| Free Strawberry) | CMS #7075, R8016 | |
| | Clearbrook: | |
| | CMS #9050, R8027 | |
| | CMS #9051, R8028 | |

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| | CMS #9028, R8029 | |
|--------------------------|------------------|---------|
| | CMS #9061, R8033 | |
| | CMS #9062, R8035 | |
| Chocolate Chip Cookie | CMS #2766, R2641 | 1 piece |
| Sporkette Kit with Straw | CMS #4126 | 1 each |
| Paper Bag | CMS #4204 | |
| OR | OR | 1 each |
| Grab N Go Bag | CMS #4133 | |

| Option #5 - VEGAN | CMS or Recipe Number | Serving Size |
|--|--------------------------------------|--------------|
| Option #5 - VEGAN | CMS of Recipe Number | Serving Size |
| Sunbutter & Strawberry Jelly Sandwich | CMS #2978, R1943 | |
| OR | CMS #2006, R1944 | 1, each |
| Apple Cinn Chickpea & Grape Jelly Sandwich | , | |
| Paradise Punch Vegetable Juice | CMS #1681, R4657 | |
| OR | OR | 1 each |
| Orange Medley Juice | CMS #1308, R4521 | |
| Petite Baby Carrots IW | CMS #3006, R4010 | 1 bag |
| OR | OR | |
| Celery Sticks IW | CMS #3826, R4658 | |
| Condiments: Ranch Dressing Packet, Tajin | CMS #1849, R7038 CMS #1321, R7126 | 1 packet |
| Fresh Fruit: Choose 1 | Red: CMS #3935, R3346 | 1 bag |
| Apple Slices | Green: CMS #3934, R3001 | |
| OR | OR | |
| Harvest Bar/Stand Fruit | Harvest Bar/Stand Fruit | 1 piece |
| Fruit Slush/Cup: Choose 1 | CMS #2417, R3832 | · |
| Kiwi Strawberry Fruit Slush | OR | |
| OR | CMS #2981, R3852 | |
| Cherry Lemon Cup | OR | 1 each |
| OR | CMS #2871, R3853 | |
| Strawberry Creamsicle OR | OR | |
| Frozen Watermelon Juice Cup | CMS #2182, R3848 | |
| Milk* | See Note Below* | 1 cup |
| Belvita Cinnamon Crackers | CMS #1447 | 1 bag |
| Sporkette Kit with Straw | CMS #4126 | 1 each |
| Paper Bag | CMS #4204 | |
| OR | OR | 1 each |
| Grab N Go Bag | CMS #4133 | |

^{*}If a student wants soy milk, the Soy Milk Request form must be completed and returned to the FSM.